

Fairfield County Walks for Mental Health

www.HealthyMindsCT.org

#FFldCtyWalks4MH

Saturday, May 6, 2017 ■ 10-11:30am

Start at Norwalk Town Green, CT



Join us to raise awareness about mental health! All interested individuals and groups are welcome. Feel free to wear a t-shirt representing your group!

Free purple bandannas will be distributed to all.

RSVP to info@swrmhb.org &
tell us how many will be in
your group!

Featuring kickoff speakers, a fun & easy walk, and activities such as laughter yoga, a labyrinth and an intentions board. Sorry - no dogs!

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